

# Dollar Hill Race

## British and SHR Championship Race



2010 UKA Fell and Hill Running Championship, sponsored by Pete Bland Sports and Walsh Sports



Date: 31<sup>st</sup> July 2010  
 Time: 2:00pm  
 Distance: 15km  
 Climb: 960m (AM)

Registration from 11:30am to 13:45pm : Cricket pavilion – Dollar Academy, Dollar, Clackmannanshire (NS 959982)

The route will go along the road behind Dollar Academy, then up Dollar Glen, exiting at the stile on the west side of the glen, then from there you need to visit the following tops:

Hill	Grid Reference
Saddle Hill	NN 955005
Whitewisp Hill	NN 955014
Tarmangie Hill	NN 943015
Andrew Gannel Hill	NN 919005
Kings Seat Hill	NS 936998
Bank Hill	NS 955992

Then return to the finish outside the Cricket Pavilion via Dollar Glen.

The route will be marked, but you will need to be able to navigate, particularly if the Cloud is low.

Latest race information and a list of entrants can be found on [www.ochilhillrunners.org.uk](http://www.ochilhillrunners.org.uk)

There will also be Entry on the Day available.

### Dollar Hill Race – 31<sup>st</sup> July 2010

Cost £5\*– Entries to: Alex King, The Poplars, Drum Kinross, KY13 0PR by 26<sup>th</sup> July.

Cheques payable to: Ochil Hill Runners.

\* + £2 for non SAL members.

Name: ..... Address: ..... ..... ..... Tel: ..... Email: ..... Date of birth: ..... Club: ..... SAL: ..... Membership No .....	Male <input type="checkbox"/> Female <input type="checkbox"/> Snr <input type="checkbox"/> Vet <input type="checkbox"/> Svet <input type="checkbox"/> Svet 60+ <input type="checkbox"/> <b>Declaration:</b> <i>I take part in the Dollar Hill Race at my own risk, and am obliged under the conditions of the Race Insurance to carry the following:</i> § Waterproof full body cover § Suitable map, compass and whistle Signature: .....
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