

# Ochil Hill Runners

## Calendar of Summer Mid Week Runs 2010

---

- Tue 16-Mar 5:30 PM Gannochy Sports Centre - Dumyat/Loss Hill  
Tue 23-Mar 5:30 PM Menstrie - outside Scout hut  
Tue 30-Mar 6:00 PM Sheriff Muir Inn  
Tue 6-Apr 6:00 PM Ben Ledi  
Tue 13-Apr 6:00 PM Dollar, Dollar Academy Gates  
Tue 20-Apr 6:00 PM Ben Vane - Brig o' Turk  
**Wed 21-Apr 7:00 PM Kaim Hill Race<sup>BB</sup>**  
Tue 27-Apr 6:00 PM Tillicoultry, Mill Glen Car park  
**Wed 28-Apr 7:30 PM Whangie Whizz<sup>BB</sup>**  
**Wed 5-May 7:00 PM Dumyat Hill Race<sup>BB</sup>**  
Tue 11-May 6:15 PM Meall na Fearnna, Glen Artney  
Tue 18-May 6:00 PM Dunning Glen, Tonguey Faulds Car Park  
**Wed 19-May 7:30 PM Kinoull Hill Race**  
Tue 25-May 6:15 PM Mor Bheinn/Ben Halton, Aberuchill Castle Dalchonzie (NN 745217)  
**Wed 26-May 7:30 PM Knock Hill Race, Crieff**  
Tue 1-Jun 6:00 PM Glen Devon - Glenshurup Car Park  
**Wed 2-Jun 7:30 PM Kilpatricks Hill Race<sup>BB</sup>**  
Tue 8-Jun 6:00 PM Ben Venue, Car Park before hotel (NN 506069)  
**Wed 9-Jun 7:30 PM Cort-ma Law<sup>BB</sup>**  
Tue 15-Jun 6:00 PM Alva, Alva Glen Car Park  
**Wed 16-Jun 7:30 PM Ben Sheann<sup>BB</sup>**  
Tue 22-Jun 6:30 PM Ben Vorlich - Ardvorlich - Loch Earn  
**Wed 23-Jun 7:30 PM Red Moss Revolution<sup>BB</sup>**  
Tue 29-Jun 6:00 PM Dollar, Dollar Academy Gates  
Tue 6-Jul 6:30 PM Surveyors Peak, Head of Glen Buckie (NN529175)  
**Wed 14-Jul 7:30 PM Maddy Moss<sup>BB</sup>**  
Tue 20-Jul 6:30 PM Ben Lomond  
Tue 27-Jul 6:00 PM Tillicoultry, Mill Glen Car park  
**Wed 28-Jul 7:30 PM Turnhouse Hill Race<sup>BB</sup>**  
Tue 3-Aug 6:15 PM Ben Chonzie, Glen Lednock  
**Wed 4-Aug 7:30 PM North Berwick Law**  
Tue 10-Aug 6:00 PM Glen Devon - Glenshurup Car Park  
**Wed 11-Aug 7:30 PM Caerketton<sup>BB</sup>**  
Tue 17-Aug 6:15 PM Stuc a' Chroin, Ardchillarie More (Glen Ample)  
Tue 24-Aug 6:00 PM Alva, Alva Glen Car Park  
Tue 31-Aug 6:00 PM Ben Ledi  
Tue 7-Sep 6:00 PM Menstrie - outside Scout hut  
Tue 14-Sep 6:00 PM Gargunnock Hills - Gargunnock  
**Wed 15-Sep 7:00 PM Caerketton Downhill**  
Tue 21-Sep 5:30 PM North Third from Quarry Road, Cambusbarron  
Tue 28-Sep 5:30 PM Gannochy Sports Centre - Dumyat/Loss Hill  
Tue 5-Oct 5:30 PM Gannochy Sports Centre - Dumyat/Loss Hill  
Tue 12-Oct 5:30 PM Gannochy Sports Centre - Dumyat/Loss Hill  
Tue 19-Oct 5:30 PM Gannochy Sports Centre - Dumyat  
Tue 26-Oct 6:00 PM Gannochy Sports Centre - Dumyat
- 

Races shown in **Bold** type

<sup>BB</sup> Denotes Bog and Burn Series

For the latest details see the web site: [www.ochilhillrunners.org.uk](http://www.ochilhillrunners.org.uk)